



CERTIFICATE

OF PARTICIPATION

This is to certify that

Frank Lin

Has successfully participated & completed the

42km The Spar Knysna Forest Marathon

held at Knysna.

TIME 05:25:27

PACE 07:43/km

GENDER 342 of

563

OVERALL 492 of 834

SENIOR (20- 185 of

39) 291

08 July 2023, Sat

